

Health Connection

Harris Hospital

www.harrishospital.com

FROM YOUR FRIENDS AT HARRIS HOSPITAL

Image is everything!

Advanced imaging is here
at Harris Hospital

Advanced diagnostic imaging tests and procedures are key to helping Harris Hospital diagnose and treat many medical conditions and illnesses quickly and efficiently. Our knowledgeable technologists and staff provide diagnostic testing with personal care and attention, taking time to explain each procedure so you'll know what to expect every step of the way. We encourage you to ask questions if anything's unclear or if you want more information about specific processes or procedures.

PATIENT BENEFITS

Our new, advanced 16-slice computed tomography (CT) scanner cuts average scan times in half, leading to a quicker turnaround time and improved patient comfort. The scanner produces split-second, quality images of the human body, helping physicians to see more detail in a fraction of the time needed for other tests. With our CT scanner, Harris Hospital physicians are able to more effectively detect and treat a range of life-threatening illnesses, including heart disease, cancer, stroke and lung disease. The chance of discovering disease at an earlier stage, when a wider choice of effective treatment options may be available, is a key benefit of this technology.

"We can use the extensive image information we get from the CT scanner to generate detailed 3-D images," says Lisa Whitehead, Harris Hospital radiology director. "These images can be used for diagnosis and can be



shared quickly with referring physicians and surgeons for presurgical planning, treatment evaluation and follow-up."

Harris Hospital is committed to delivering quality healthcare, and we're pleased to offer this advanced service to our patients.

! Get a better view of you!

To learn more about our imaging procedures, call (870) 512-3530. Visit www.harrishospital.com and click on "Health Resources" to find out about these and other services.

MESSAGE FROM OUR CEO



Claude E. (Chip) Camp, III,
FACHE
Chief Executive Officer

Caring for our community

Dear neighbors,

Harris Hospital places a strong emphasis on quality care and patient satisfaction. For that reason, we continue to learn about ways to enhance our hospital's culture, with the ultimate purpose of exceeding patient expectations.

A CULTURE OF SATISFACTION

We've recently worked with experts who've coached other hospitals across the country on how to gain higher patient, employee and physician satisfaction levels. At Harris Hospital, we're broadening and strengthening our knowledge of proven tools from these consultants and our own

customer-service initiative, Community Cares, to build a stronger future for everyone.

Our Community Cares culture focuses on creating strong leaders and a robust team to support our processes and staff in providing better customer service to you. We'll also concentrate on leadership development and accountability as we grow with this initiative.

I'm open to your thoughts and suggestions. Please call me at **(870) 523-3022** or stop by. Thank you for your continued support.

Sincerely,

CLAUDE E. (CHIP) CAMP, III, FACHE
Chief Executive Officer
Harris Hospital

SCHEDULING UPDATES

We're happy to provide you with special services so you don't have to travel out of town to see a physician. Please note the following changes to the outpatient clinic schedule:

Cardiology

MARVIN W. ASHFORD JR., M.D.

(1117 McLain St., Suite 100)
Thursday, 10 a.m. to 5 p.m.

(501) 758-5133

The following five clinics have relocated to 1200 McLain St., across from Harris Hospital:

Vascular Clinic

DEE WHITE, A.P.N.

Second Monday of each month,
9 a.m. to 1 p.m.

(501) 978-3746

Oncology

JAMES BECK, M.D.

Tuesday, 8:30 a.m. to noon

(870) 512-3042

Urology

ROB EMERY, M.D.

Wednesday (except the last one of each month), 9 a.m. to 1 p.m.

1-800-371-8681

Ear, Nose and Throat

JOHN JIU, M.D.

Every other Thursday,
12:30 to 3 p.m.

(870) 932-6799

Podiatry

MARK REINER, D.P.M.

MICHAEL HAUGHEY, D.P.M.

Tuesday, 1 to 4 p.m.

1-800-737-3668



Eat better with *Health eCooking!*

Now it's easier than ever to cook healthier foods that are low-calorie, low-fat and full of flavor. Instead of simply telling our community to eat better, Harris Hospital is showing everyone how to make their favorite dishes healthier in a new Web series called *The Health eCooking Show*. We've posted dozens of *Health eCooking* recipes and cooking videos at www.harrishospital.com.

DEMONSTRATIONS—JUST A CLICK AWAY!

Cooking shows are popular on TV. They're even better on the Web because you can slow the program down, back it up, even print the ingredients list. It's easy to cook healthier foods when you watch a chef prepare a low-fat pasta dish or make a dessert for someone with diabetes.

The *Health eCooking* videos feature step-by-step cooking instructions. A professional chef shows you how to make healthy versions of America's favorite dishes, such as fresh tomato pasta, chicken casserole and meatloaf. All recipes are approved by registered hospital dietitians.

We add delicious new recipes and videos every month. *Health eCooking* is part of Harris Hospital's free Healthy Woman program, but anyone can use it, especially people who want to eat better, lose weight or find foods that help them manage conditions like diabetes or heart disease.

Find out
what's cooking
at www.harrishospital.com



New recipe ideas and a cooking video every month

HEALTHY WOMAN

! Experiment with tasty new recipes!

Start cooking and eating to your good health! Visit www.harrishospital.com to find delicious, healthy recipes today. Check back often!

Health Connection is published as a community service of Harris Hospital. There is no fee to subscribe.

The information contained in this publication is not intended as a substitute for professional medical advice. If you have medical concerns, please consult your healthcare provider.

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MEDICAL STAFF SPOTLIGHTS

The experienced, dedicated medical staff members at Harris Hospital can help you and your family stay healthy. We'd like to introduce three of them to you.



**GUILFORD MARION
DUDLEY, III, M.D.**
Internal Medicine

1200 McLain St.
Newport
(870) 523-2320

Guilford Marion Dudley, III, M.D., a Swifton native, began his internal medicine practice with Harris Hospital in 1968. Dr. Dudley graduated from Vanderbilt University School of Medicine in Nashville, Tenn., performed his residencies at Vanderbilt and the University of Mississippi in Jackson, Tenn., and completed his fellowship in hematology at the University of Arkansas for Medical Sciences Medical Center in Little Rock. Dr. Dudley and his wife, Retha, have recently relocated their practice to Harris Medical Clinic.

Dr. Dudley has a busy practice and enjoys keeping up-to-date with ever-changing medical advances. He enjoys the challenges and rewards of being a physician and maintains his passion for learning. He's a member of the American Board of Internal Medicine and is a Fellow of the American College of Physicians.



**RETHA JEAN
DUDLEY, A.P.N.**
Adult Medicine

1200 McLain St.
Newport
(870) 523-2320

Retha Jean Dudley, A.P.N., a graduate of Arkansas State University in Jonesboro, has been a nurse practitioner since 1994, receiving her adult nurse practitioner certification in 1998.

Her husband and mentor, Dr. Guilford Dudley, has instilled Retha with the importance of being knowledgeable, thorough and up-to-date. Retha enjoys the education and prevention aspects of her role. "One of the highlights of my career is forming long-lasting friendships with my patients," she says. "Since I grew up in Jackson County, I've known some of them since childhood."

To find a physician by specialty, visit www.harrishospital.com.

Meet our new team member

Harris Hospital is pleased to welcome obstetrician and gynecologist Amy L. Scott, M.D., an Arkansas native, to Newport. After completing medical school and her residency at the University of Arkansas for Medical Sciences in Little Rock, Dr. Scott opened her Newport clinic next to Harris Hospital at 1201 McLain St. in Newport. Call (870) 512-3091 for an appointment.